



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Hail, holy Queen,
 Mother of mercy,
 hail, our life,
 our sweetness
 and our hope.
 To thee do we cry,
 poor banished
 children of Eve:
 to thee do we send up
 our sighs,
 mourning and weeping
 in this vale of tears.
 Turn then,
 most gracious Advocate,
 thine eyes of mercy
 toward us,
 and after this our exile,
 show unto us
 the blessed fruit
 of thy womb,
 Jesus,
 O merciful,
 O loving,
 O sweet Virgin Mary!
 Amen.



Continue to practise good hygiene. ***Please use the hand sanitisers provided in both of our Churches.***



Thoughts of Blessed Francis Jordan
 Always be joyful and praise God constantly, whatever may break in upon you. Yes, always be joyful.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church



POPE FRANCIS' PRAYER INTENTION FOR OCTOBER
For the Synod
 We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 8.30am

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass at 9.30am

Wednesday 9.30am

Thursday 7pm

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm

Friday 9.30am

First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm

Sunday 9.00am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM

3rd Sunday - 11.00am

We Pray for Deceased Anniversary

Frances Vines

Recently Deceased

*Alvelino Samartin
Rocco Scamarcia*

Prayer for the Sick

Anna Smigowska

Guy Zofrea

Jeff Langley

Mark Linfiels

Nick Moullakis

Bill Eyre

Brian Gregan

Marcia Bailey

Bec Burroughs

Susan Hickey

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Mina Lee

Maureen Larios

Denise Wagner

Tom Murphy

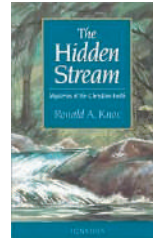
Leonie Ariemetto

Marco Sangiacamo

BOOK REVIEW

The Hidden Stream

By: Ronald A Knox



With his sparkling wit, Knox re-examines some of the fundamental precepts of the Catholic faith as well as the formidable challenges facing Catholics in the modern world.

I have set the Lord
always before me;
because he
is at my right hand,
I shall
not be shaken.

Psalm 16:8

Liturgy for the Week

16/10 Monday, Ordinary Time 28
Rom 1:1-7; Lk 11:29-32

17/10 Tuesday, St Ignatius of Antioch
Rom 1:16-25; Lk 11:37-41

18/10 Wednesday, St Luke
2 Tim 4:10-17; Lk 10:1-9

19/10 Thursday, Ordinary Time 28
Rom 3:21-30; Lk 11:47-54

20/10 Friday, Ordinary Time 28
Rom 4:1-8; Lk 12:1-7

21/10 Saturday, Ordinary Time 28
Rom 4:13, 16-18; Lk 12:8-12

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PARISH PILGRIMAGE to the CENTRAL COAST

Thursday, 26 October 2023,

Leaving by 8am
Sacred Heart Church Courtyard
Returning by 6pm

Holy Spirit Church, Kincumber
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St Patrick's Church, Gosford
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Divine Retreat Centre, Sommersby
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and
Shrine of St Theresa of Calcutta

*The cost is \$50 pp, which includes:
Lunch, Transport, Guide*

*To book your seat on the bus
please write your name and contact details
on the list provided at the back of the Church.
Payment can be made at the Parish Office
prior to the Pilgrimage.*

Parish Directory

Pittwater Parish
1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest
Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest
Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary
Belinda Cimino
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music
Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

**Media & Communications
Coordinator**
Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Coordinator
Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators
Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

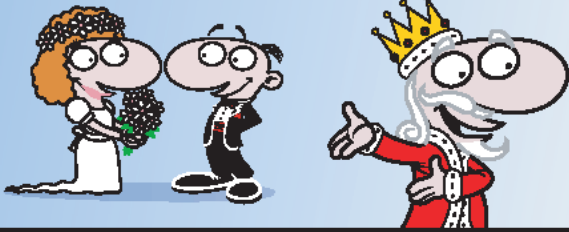
Parish Office Hours
Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church
1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE
Sacred Heart School
el 8197 6900
Principal: Mr Jamie Wahab

AVALON
Maria Regina School
Tel 9918 2608
Principal: Miss Kirsty Thorpe

WARRIWOOD
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher



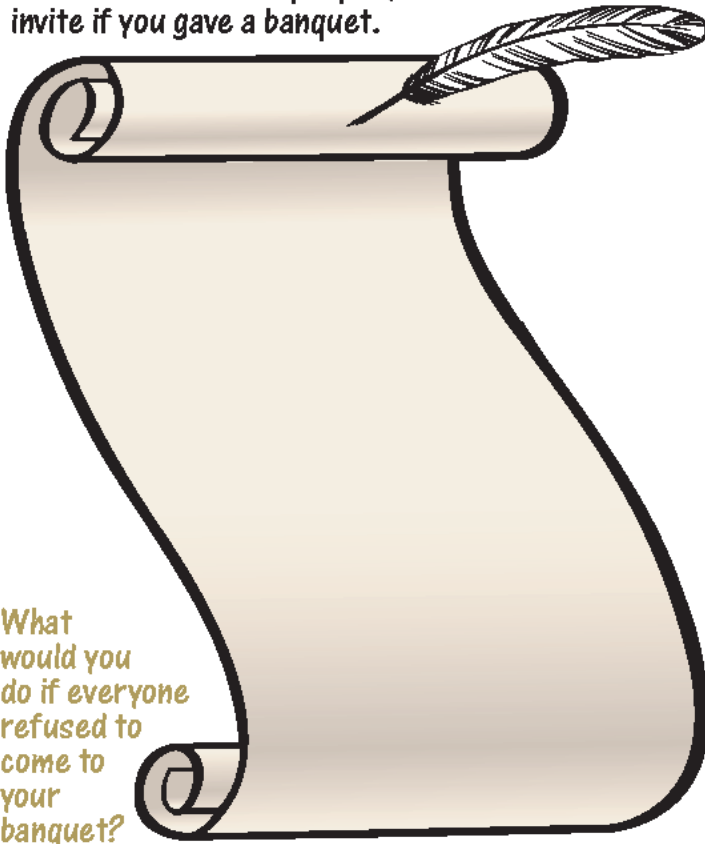
The banquet is ready!

28th Sunday in Ordinary Time, Year A

When the invited guests refused to come, the king asked people from the streets to come to the banquet. On the table, draw the finest food for the banquet and fill the room with guests from all walks of life.



Make a list of all the people you would invite if you gave a banquet.



What would you do if everyone refused to come to your banquet?



BANQUET

How many words can you make from the letters in the word BANQUET?

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
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_____	_____



We welcomed back all students and teachers to Term 4 and to a very busy first week.

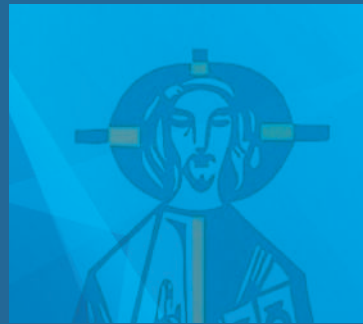
Our Year 12 2024 students and their parents attended our HSC Information Evening. It was wonderful to see such high attendance from our community.

Our best wishes are extended to our Year 12 2023 students who commenced their HSC examinations on Wednesday. This is an important time for students, representing significant challenges and requiring strength and commitment. The examinations will provide them with opportunities to demonstrate the knowledge they have gained and skills they have acquired during their school years at Mater Maria Catholic College. Please keep these students in your prayers and thoughts as they complete these final examinations over the next month.

As part of World Mental Health Month, Headspace visited our Year 10 and Year 11 students, speaking about ways to increase mental health literacy, reduce stigma, build the capacity of young people to understand their own wellbeing needs, support their peers and explore pathways for help-seeking. We will be continuing to raise awareness and help to build resilience throughout this month.

Several students from each Year Group, including our 2024 Captains and Vice Captains, participated in a photo shoot to help promote the College for Open Day 2024. It was a wonderful day, and much fun was had by the students involved as they enjoyed interacting with each other throughout the day.

For those seeking to join our enriching educational journey, applications for Year 7, 2026 are now open. Whilst Year 7, 2024 and Year 7, 2025 do have waiting lists in place, we encourage prospective students and parents to learn more about our opportunities by visiting <https://matermaria.nsw.edu.au>.



Salvatorian Seminary Appeal

There will be a special collection towards the Salvatorian Seminary on the 21st and 22nd of October. Your generous contribution will help in the training and the education of our young seminarians and the upkeep of our seminaries in Poland and the Philippines, and also support our East Timorese Seminarians who will be working in Australia.

Since its inception, the seminary has educated more than 500 priests.

Envelopes will be in the pews or Bank transfer to "Salvatorian Fathers Formation Account"
BSB: 086-006 Account No: 56208 8745 please indicate "Pittwater Parish"



*Thank you in anticipation,
Fr Richard SDS and Fr Zygmunt SDS*

Assistance Needed

Male long-standing parishioner, pensioner, is looking for unfurnished or furnished Granny Flat or equivalent to rent long term for one person.

Required before December 2023.
Has lived at present address since 2005.

You can contact him directly:
etnedlem55@gmail.com; 0410148085
or call Parish Office



The *Living* Word

Entrance Antiphon Psalm 129:3-4

If you, O Lord, should mark iniquities,
Lord, who could stand?
But with you is found forgiveness,
O God of Israel.

First Reading Isaiah 25:6-10

A reading from the prophet Isaiah
The Lord will prepare a feast and will wipe away the tears from every cheek.

On this mountain, the Lord of hosts will prepare for all people, a banquet of rich food, a banquet of fine wines, of food rich and juicy, of fine strained wines. On this mountain he will remove the mourning veil covering all peoples, and the shroud enwrapping all nations, he will destroy Death for ever. The Lord will wipe away the tears from every cheek; he will take away his people's shame everywhere on earth, for the Lord has said so. That day, it will be said: See, this is our God in whom we hoped for salvation; the Lord is the one in whom we hoped. We exult and we rejoice that he has saved us; for the hand of the Lord rests on this mountain.

The word of the Lord

Responsorial Psalm Ps 22. R. v.6

(R.) I shall live in the house of the Lord all the days of my life.

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit. **(R.)**

He guides me along the right path;
he is true to his name. If I should walk in
the valley of darkness no evil would I
fear. You are there with your crook and
your staff; with these you give me
comfort. **(R.)**

You have prepared a banquet for me
in the sight of my foes. My head you
have anointed with oil; my cup is
overflowing. **(R.)**

Surely goodness and kindness shall
follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. **(R.)**

Second Reading
Philippians 4:12-14. 19-20

A reading from the letter of St Paul to the Philippians
I am able to do all things in him who strengthens me.

I know how to be poor and I know how
to be rich too. I have been through my
initiation and now I am ready for
anything anywhere: full stomach or
empty stomach, poverty or plenty. There

is nothing I cannot master with the help
of the One who gives me strength. All
the same, it was good of you to share
with me in my hardships. In return my
God will fulfil all your needs, in Christ
Jesus, as lavishly as only God can. Glory
to God, our Father, for ever and ever.
Amen.

The word of the Lord.

Gospel Acclamation Ephesians 1:17-18

Alleluia, alleluia!

May the Father of our Lord Jesus Christ
enlighten the eyes of our heart that we
might see how great is the hope to which
we are called.

Alleluia!

Gospel Matthew 22:1-14

A reading from the holy Gospel according to Matthew
Whomsoever you find invite to the wedding.

Jesus said to the chief priests and elders of the people: 'The kingdom of heaven may be compared to a king who gave a feast for his son's wedding. He sent his servants to call those who had been invited, but they would not come. Next he sent some more servants. "Tell those who have been invited" he said "that I have my banquet all prepared, my oxen and fattened cattle have been slaughtered, everything is ready. Come to the wedding." But they were not interested: one went off to his farm, another to his business, and the rest seized his servants, maltreated them and killed them. The king was furious. He dispatched his troops, destroyed those murderers and burnt their town. Then he said to his servants, "The wedding is ready; but as those who were invited proved to be unworthy, go to the crossroads in the town and invite everyone you can find to the wedding." So these servants went out onto the roads and collected together everyone they could find, bad and good alike; and the wedding hall was filled with guests. When the king came in to look at the guests he noticed one man who was not wearing a wedding garment, and said to him, "How did you get in here, my friend, without a wedding garment?" And the man was silent. Then the king said to the attendants, "Bind him hand and foot and throw him out into the dark, where there will be weeping and grinding of teeth." For many are called, but few are chosen.'

The Gospel of the Lord

Communion Antiphon Psalm 33:11

The rich suffer want and go hungry,
but those who seek the Lord lack no
blessing.

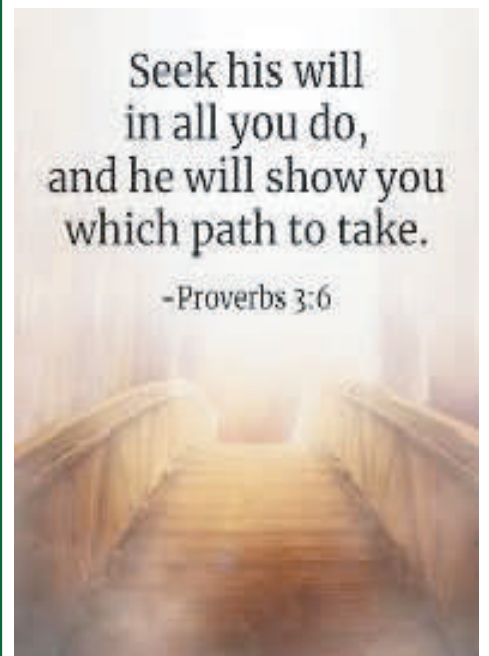
REFLECTION
by Dianne Bergant CSA

As incredible as it may seem, some people turn down the invitation to the eschatological banquet. This is the case, both in the parable and in our world today. This invitation seems much less interesting than a sports event, the latest movie, or some social affair. So much of our time and energy is spent either climbing the economic ladder or just trying to keep our heads above water. Even if we are interested in the banquet, we do not seem able to afford the time and energy that it might require. And so we send our regrets: I cannot come. What a shame! We seem to have forgotten that everything is tending toward the end; all of our plans, interests and distractions will cease. Only the banquet will remain. All God asks of us is that we receive the blessings that have been prepared for us. We need not work for them. In fact, we cannot work for them on our own. All we can do is enjoy them. Enjoyment of the eschatological time of fulfilment is open to all, but guaranteed to none. One theme seems to connect all of the readings for this Sunday, our total dependence on God. God spreads the banquet table and invites the guests; God punishes those who are indifferent to or antagonistic toward the eschatological banquet; God supplies whatever we need in whatever circumstances we find ourselves. We do not have to bargain with God, or make reservations. All we have to do is accept what God has to offer.

© Dianne Bergant CSA

Seek his will
in all you do,
and he will show you
which path to take.

-Proverbs 3:6



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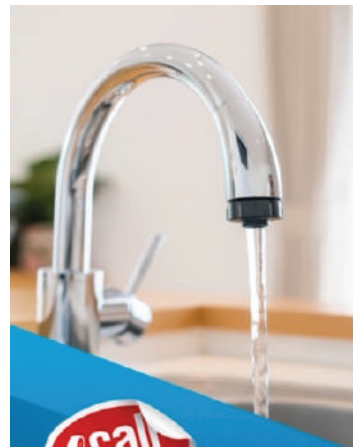
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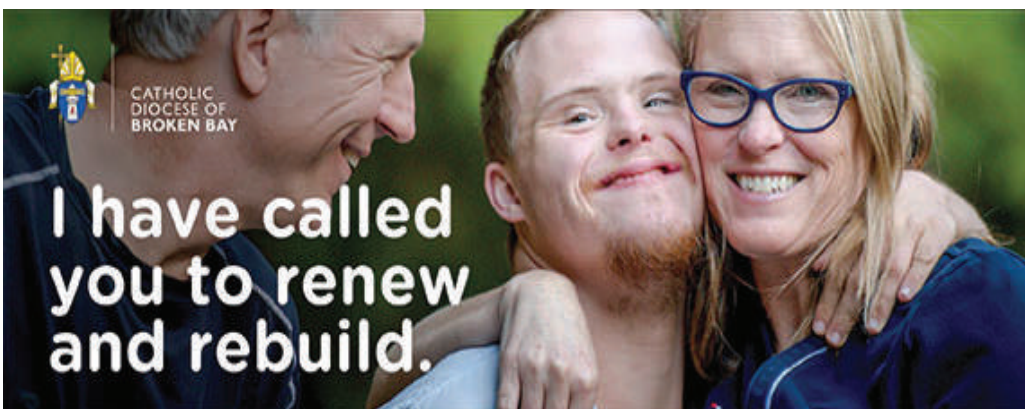


"We know that all things work
for good for those who love God,
who are called according to his
purpose."



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